What is claimed is:

[Claim 1] 1. A method of fabricating a capacitor, comprising:

forming a dielectric layer on a semiconductor substrate:

forming an upper electrode on the dielectric layer, the upper electrode having a plurality of opening therein; and

performing a doping step to the substrate through the openings to form a single doped region as a lower electrode in the substrate under the upper electrode.

- [Claim 2]2. The method of claim 1, wherein the doping step comprises a tilt ion implantation process.
- [Claim 3]3. The method of claim 1, wherein the doping step comprises: conducting a substantially vertical ion implantation process to form a plurality of doped regions in the substrate under the openings; and conducting an annealing process to make the doped regions merge into the single doped region.
 - [Claim 4] 4. The method of claim 1, wherein the step of forming the upper electrode on the dielectric layer comprises:

forming a conductive layer on the dielectric layer; and patterning the conductive layer into the upper electrode with a lithography process and an etching process.

- [Claim 5] 5. The method of claim 1, wherein the upper electrode includes a plurality of bar-like conductive layers connecting with each other, and the openings in the upper electrode are trench-like openings between the bar-like conductive layers.
- [Claim 6] 6. The method of claim 5, wherein the upper electrode has a comb-like structure or a fishbone-like structure.
- [Claim 7] 7. The method of claim 1, wherein the upper electrode has a net-like structure.
- [Claim 8] 8. A method of fabricating a capacitor, comprising:

forming a dielectric layer on a silicon substrate;

forming an upper electrode on the dielectric layer, the upper electrode comprising doped polysilicon and having a plurality of opening therein; performing a doping step to the substrate through the openings to form a single doped region as a lower electrode in the substrate under the upper electrode:

forming a spacer on a sidewall of each opening in the upper electrode; and performing a self-aligned silicide (salicide) process to form a plurality of metal silicide layers on the upper electrode and portions of the single doped region within the openings.

- [Claim 9] 9. The method of claim 8, wherein the doping step comprises a tilt ion implantation process.
- [Claim 10] 10. The method of claim 8, wherein the doping step comprises:

conducting a substantially vertical ion implantation process to form a plurality of doped regions in the substrate under the openings; and conducting an annealing process to make the doped regions merge into the single doped region.

[Claim 11] 11. The method of claim 8, wherein the step of forming the upper electrode on the dielectric layer comprises:

forming a conductive layer on the dielectric layer; and patterning the conductive layer into the upper electrode with a lithography process and an etching process.

- [Claim 12] 12. The method of claim 8, wherein the upper electrode includes a plurality of bar-like conductive layers connecting with each other, and the openings in the upper electrode are trench-like openings between the bar-like conductive layers.
- [Claim 13] 13. The method of claim 12, wherein the upper electrode has a comb-like structure or a fishbone-like structure.
- [Claim 14] 14. The method of claim 8, wherein the upper electrode has a net-like structure.

- [Claim 15] 15. The method of claim 8, wherein the metal silicide layers comprise a silicide of a refractory metal.
- [Claim 16] 16. The method of claim 15, wherein the refractory metal is selected from the group consisting of Ti, W, Pt, Co and Ni.
- [Claim 17] 17. A method of fabricating a capacitor, comprising:

forming a dielectric layer on a silicon substrate;

forming an upper electrode on the dielectric layer, the upper electrode comprising doped polysilicon and having a plurality of opening therein; performing a doping step to the substrate through the openings to form a single doped region as a lower electrode in the substrate under the upper electrode:

forming a liner layer on a sidewall of each opening in the upper electrode; forming a spacer on each liner layer on a sidewall of an opening; removing the spacer: and

performing a self-aligned silicide (salicide) process to form a plurality of metal silicide layers on the upper electrode and portions of the single doped region within the openings.

- [Claim 18] 18. The method of claim 17, wherein the doping step comprises a tilt ion implantation process.
- [Claim 19] 19. The method of claim 17, wherein the doping step comprises:

conducting a substantially vertical ion implantation process to form a plurality of doped regions in the substrate under the openings; and conducting an annealing process to make the doped regions merge into the single doped region.

[Claim 20] 20. The method of claim 17, wherein the step of forming the upper electrode on the dielectric layer comprises:

forming a conductive layer on the dielectric layer; and patterning the conductive layer into the upper electrode with a lithography process and an etching process.

- [Claim 21] 21. The method of claim 17, wherein the upper electrode includes a plurality of bar-like conductive layers connecting with each other, and the openings in the upper electrode are trench-like openings between the bar-like conductive layers.
- [Claim 22] 22. The method of claim 21, wherein the upper electrode has a comb-like structure or a fishbone-like structure.
- [Claim 23] 23. The method of claim 17, wherein the upper electrode has a net-like structure.
- [Claim 24] 24. The method of claim 17, wherein the metal silicide layers comprise a silicide of a refractory metal.
- [Claim 25] 25. The method of claim 24, wherein the refractory metal is selected from the group consisting of Ti, W, Pt, Co and Ni.